

Holy Trinity Cathedral

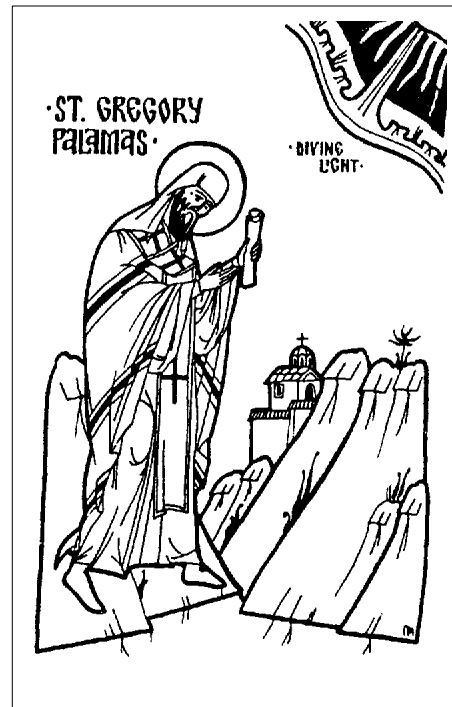
A Parish of the Orthodox Church in America

1121 North Leavitt Street
Chicago, IL 60622

Our 122nd year of Orthodox witness in Chicago

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www.holytrinitycathedral.net
www.friendsofholytrinity.com



St. Gregory Palamas

His Grace, the Right Reverend
MATTHIAS
Bishop of Chicago and the Midwest
Rector

Archpriest John S. Adamcio
Dean

Archpriest Sergei Garklavs
Dean Emeritus

Deacon Thomas Keith

Joseph Mamczij
Parish Council President

Reader Yury Orlov
Director of Music Ministries

*Blessed art Thou, O Christ our God,
who hast revealed the fishermen as
most wise by sending down upon them
the Holy Spirit: through them Thou
didst draw the world into Thy net.*

O Lover of Man, Glory to Thee!

(Pentecost Tropar)

Welcome to Holy Trinity Cathedral!

The parish was founded in 1892 as St. Vladimir's Russian Orthodox Church, rebuilt by St. John of Chicago (Kochurov) in 1903 as Holy Trinity (Louis Sullivan, architect), becoming a cathedral in 1922, when Bishop THEOPHILUS was consecrated.

A landmark in the city of Chicago, and listed on the National Register of Historic Places, Holy Trinity continues its witness in Chicago.

Thank you for worshiping with us today.

If you have any questions, are looking for a spiritual home, or wish to talk to one of our priests, please inquire at the Candle Desk.

Schedule of Services

Sunday, March 31, 2013

*Second Sunday of the Great Fast—Tone 2
St. Gregory Palamas*

*Repose of St. Innocent, Metropolitan of Moscow,
Enghtener of the Aleuts and Apostle to the Americas
Ven. Apollonius, Ascetic, of Egypt; Hieromartyr Abdas,
Bishop of Persia, and Martyr Benjamin the Deacon; Ven.
Hypatius, Abbot of Rufinus in Chalcedon*

9:10a Hours

9:30a Divine Liturgy of St. Basil the Great

<i>Epistle:</i>	Hebrews	1:10-2:3
<i>Gospel:</i>	Mark	2:1-12

Wednesday, April 3

6:30p Divine Liturgy of the Presanctified Gifts

<i>Readings:</i>	Genesis	7:6-9
	Proverbs	9:12-18

Friday, April 5

9:30a Divine Liturgy of Presanctified Gifts

<i>Readings:</i>	Genesis	8:4-21
	Proverbs	10:31-11:12

6:30p Akathist

Saturday, April 6

Memorial Saturday

9:10a Hours

9:30a Divine Liturgy of St. John Chrysostom

<i>Epistle:</i>	Hebrews	10:32-38
<i>Gospel:</i>	Mark	2:14-17

4:30p Vigil

Resurrection Gospel XI

Sunday, April 7

Third Sunday of the Great Fast—Tone 3

Veneration of the Cross

St. Tikhon, Enlightener of North America

St. George the Confessor, Bishop of Mitylene;

Martyr Calliopos at Pompeiopolis in Cilicia;

Martyrs Rufinus the Deacon, Aquilina, and 20

soldiers with them at Sinope; Ven. Serapion of

Egypt

9:10a Hours

9:30a Divine Liturgy of St. Basil the Great

Epistle: Hebrews

4:14-5:6

Gospel: Mark

8:34-9:1

*For virtue is a light and
buoyant thing, and all who live
in her way “fly like clouds,” as
Isaiah says, “and as doves with
their young ones;” but sin is a
heavy affair, as another of the
prophets says, “sitting upon a
talent of lead.”*

St. Gregory of Nyssa

The Lenten Prayer of St. Ephrem

Of all lenten hymns and prayers, this one short prayer can be termed “*The Lenten Prayer*.” Tradition ascribes it to one of the greatest teachers of spiritual life—St. Ephrem the Syrian.

This prayer is read twice at the end of each lenten service Monday through Friday (not on Saturdays or Sundays for, as we shall see later, the services of these days do not follow the lenten pattern). At the first reading, a prostration follows each petition. Then we bow twelve times saying: “O God, cleanse me a sinner.” The entire prayer is repeated with one final prostration at the end.

Why does this short and simple prayer occupy such an important position in the entire lenten worship? Because it enumerates in a unique way all the *negative* and *positive* elements of repentance, and constitutes, so to speak, a “check list” for our individual lenten effort. This effort is aimed first at our liberation from some fundamental spiritual diseases which shape our life and make it virtually impossible for us even to start turning ourselves to God.

The basic spiritual disease is *sloth*. It is that strange laziness and passivity of our entire being which always pushes “down” rather than “up”—which constantly convinces us that no change is possible, and therefore desirable. It is, in fact, a deeply rooted cynicism which to

every spiritual challenge responds: “What for?” and makes our life one tremendous spiritual waste. It is the root of all sin because it poisons the spiritual energy at its very source.

The result of *sloth* is *faint-heartedness*. It is the state of despondency which all spiritual Fathers considered the greatest danger for the soul. Despondency is the impossibility for man to see anything good or positive; it is the reduction of everything to negativism and pessimism. It is truly a demonic power in us because the Devil is fundamentally a *liar*. He lies to man about God and about the world; he fills life with darkness and negation. Despondency is the suicide of the soul because when man is possessed by it he is absolutely unable to see the light and to desire it.

Lust of power! Strange as it may seem, it is precisely sloth and despondency that fill our life with *lust of power*. By vitiating the entire attitude toward life and making it meaningless and empty, they force us to seek compensation in a radically wrong attitude toward other persons. If my life is not orientated toward God, not aimed at eternal values, it will inevitably become selfish and self-centered, and this means that all other beings

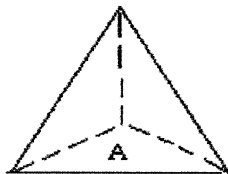
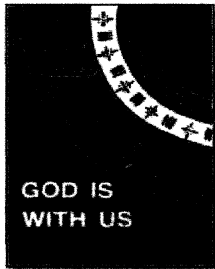
Holy Trinity Orthodox Cathedral
Church School
Lenten Retreat
Saturday, April 6, 2013

Memorial Saturday Liturgy starting at 9:30am

Pot Luck Lunch and Bible games 11:15am until 12:15pm

Retreat Activities: Four Stations within each group 12:15pm-3:15pm

Pre-school through First Grade:
Holy Week Triorama



An arts and crafts project with stories and scenes from Holy Week

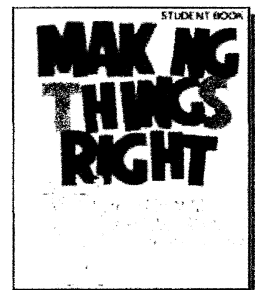
Second and Third Grades

A preparation for First Confession

The preparation is separated into three parts . The first two parts are done at home or at church school with a teacher.*

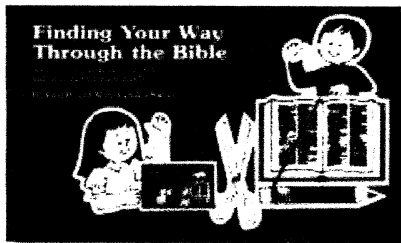
This last part of the book will complete their preparation.

The children can opt to have their First Confession at the concluding service or (if from another parish) can have their First Confession at their home parish after Vespers.



Fourth and Fifth Grades

An exercise book on the Bible. Students who complete this book will receive their first Bible at Liturgy the next day.



Concluding Reconciliation Service
in the Church at 3:30pm

- First Confession for those preparing
- Individual Confession (for those desiring) prior to Vigil Service.

Work of Salvation

Sixth Grade through Young Adult

A reflective exercise of the Old Testament Readings

Salvation as wrought by Jesus Christ is the definitive act in the history of God working to save His people and reunite them to Himself. The unit examines eight of the readings of Vespers of Great and Holy Saturday, which are all dedicated to chronicling the history of salvation.

All are welcome
for all, or any part, of the day!
Join us but please RSVP by 3/16/13
LR7288SR@sbcglobal.net
so we can plan materials and lunch

* Second and Third grade will need to buy their book ahead of time

Lenten Retreat

Please join St. Peter and St. Paul Orthodox Church, for our Lenten Retreat on Saturday, April 6, 2013, (sponsored by the O Club). It will begin with Soul Saturday Divine Liturgy at 9:30 a.m. followed by a Lenten Lunch.

Mr. Eric Jobe of Christ the Savior Church in Chicago, will be giving two presentations entitled: "Between Exodus and Exile: Patterns of Repentance in the Old Testament;" and "The Sufferings of Job: God's Training Camp." Mr. Jobe is a Phd candidate in Old Testament and classical languages and teaches within the Diocesan Late Vocations Program.

Please RSVP no later than March 31, 2013, to:
Duke Jovanovich, 708-485-4566 or
dcjovan@sbcglobal.net.

Free-will offerings to St. Peter and St. Paul Orthodox Church are appreciated but not required.

Pussey Willows

With the past few warm days, be sure to be on the look out for pussey willows, and begin cutting them. This will insure us of having the willows for Palm Sunday.

If you are able, cut and bring to church as soon as you can. We appreciate your helpfulness.

Prayer...(con't)

will become the means of my own self-satisfaction. If God is not the Lord and Master of my life, then I become my own lord and master—the absolute center of my own world, and I begin to evaluate everything in terms of *my* needs, *my* ideas, *my* desires, *my* judgments. The lust of power is thus a fundamental depravity in my relationship to other beings, a search for their subordination to me. It is not necessarily expressed in the actual urge to command and dominate "others." It may result as well in indifference, contempt, lack of interest, consideration, and respect. It is indeed sloth and despondency directed this time at others; it completes spiritual suicide with spiritual murder.

Finally, *idle talk*. Of all created beings, man alone has been endowed with the gift of speech. All Fathers see in it the very "seal" of the Divine Image in man because God Himself is revealed as Word (John 1:1). But being the supreme gift, it is by the same token the supreme danger. Being the very expression of man, the means of his self-fulfillment, it is for this very reason the means of his fall and self-destruction, of betrayal and sin. The word saves and the word kills; the word inspires and the word poisons. The word is the means of Truth, and it is the means of demonic Lie. Having an ultimate positive power, it has therefore a tremendous negative power. *(To be continued...)*

Parish Council Meeting

There will be a meeting of Holy Trinity's Parish Council on *Tuesday, April 9, 2013 at 6:30p.*

Open Forum before beginning of meeting.

All Parish Council members are urged to attend.

Parish Council Installation

The Parish Council elected at this year's Annual Meeting will be installed *today* Sunday, March 31, at the Divine Liturgy.

Congratulaions to all the Parish Council members on their election, and as we prepare ourselves to work for the greater glory of God!

Deanery Mission Vespers

Each service will begin at 6:00p, and will feature a sermon on the Beatitudes, as recorded by Saint Luke.

Sunday, March 31

Christ the Savior Church, Priest Elijah Mueller, preaching

Sunday, April 7

St. Panteleimon Church, Archpriest Thomas Mueller

Sunday, April 14

St. Nicholas Church, Archpriest Alexander Kuchta

Sunday, April 21

St. Nicholas Church, Archpriest Joseph Kopka

Palm Sunday, April 28 — Bridegroom Matins,
Holy Trinity Cathedral

A lenten dinner and fellowship will follow each service.

Docents and Greeters Needed!

These are two delightful, and important, ministries at Holy Trinity which need your attention.

Many people from all around the world come to Chicago, and they also wish to see Holy Trinity Cathedral. Being a *Docent* is a wonderful ministry to share our Cathedral with them. But, we need to have docents available to help these folks.

Another vital ministry is that of *Greeter*. Now, we primarily have greeters on a Sunday morning, but it would be great to have greeters for our weekday services as well. A warm, friendly greeting can make a person feel welcomed and goes a long way to having people come back for services, or even to join our parish.

Please consider being a greeter or docent. Contact Fr. John for more information.

St. Romanos Choir

The St. Romanos Choir, under the direction of Peter Jermihov, will present: *My Soul, My Soul Arise! Why Art Thou Sleeping?*

A concert of Orthodox Lenten and Marian Hymns, on Sunday, April 7, 2:30p, at Holy Virgin Protection Cathedral, in Des Plaines.

New works by Nun Iyulianiya (Denisova), Gennady Lapaev, Kurt Sander, together with traditional hymns composed and arranged by Archangelsky, Gardner, Kastalsky, Ledkovsky, Archimandrite Matthew (Mormyl), and Rimsky-Korsakov.

Spiritual commentary by Archpriest Andre Papkov and Priest Leonty Naidzions.

Admission is \$20.00.

(A benefit event for the building of the Holy Virgin Protection Cathedral Church Hall.)

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1121 N. Leavitt St.
Chicago, IL 60622-3502